



TRAINING COURSES

Level 3 First Aid at Work

The Centaur Training Services Level 3 First Aid at Work course allows trainees to learn all of the relevant first aid skills and procedures within the workplace.

Programme Outline

Our Level 3 First Aid at Work course will help to improve your knowledge and understanding of first aid requirements of the workplace. During this 3 days training course, you will learn about cross infection, basic safety equipment use, incident management and how to report emergencies in line with your business regulations. You will also be shown how to appropriately treat someone who is bleeding, choking or suffering from shock. Our experienced trainers will explain the best way to deal with life threatening conditions such as seizures, unconsciousness or a non-breathing casualty. In addition, you will be shown how to handle a situation where the casualty is having a heart attack, anaphylaxis, asthma and cardiac arrest. All students will be assessed by the expert trainers throughout the duration of the course and they will also be given a theoretical and practical knowledge of the subject.

Aims

The aim of the Level 3 First aid at Work is to give students the essential, life-saving skills that will prepare them for basic and urgent medical care in the workplace.

Objectives

By attending the course, students will be able to:

- Describe their role as the first aider and what their duties will be in the workplace. They will also be able to reference the available medical equipment and when these will need to be used
- Explain how they should report emergencies in line with their employer's safety regulations
- Demonstrate how to administer medical treatment for a range of situations, including asthma, choking, bleeds, shock, unconsciousness and seizures
- Understand the importance of basic hygiene in first aid procedures
- Treat patients who have injured their bones, require CPR, had a bang to their head, suffering an anaphylactic shock or breathing problems
- Demonstrate effective casualty care, management and movement
- Explain how you can quickly and effectively treat someone who's been crushed, exposed to smoke inhalation, poisoned, burned or has abdominal pain/injury



Who is the programme for?

This course is essential for anyone looking to gain an understanding of first aid in the workplace. The Level 3 First Aid at Work is an essential certification for anyone looking to become the designated first aider in their company.

This programme is accredited by First Aid Industry Body or Quasafe Awards.

Quasafe Awards has been accredited by the regulators* of England, Wales and Northern Ireland and is part of the Qualifications and Credit Framework (QCF). *The regulators are Ofqual in England, DCELLS in Wales and CCEA in Northern Ireland.

The First Aid Industry Body (FAIB), a Trade Body (an acceptable option for Employers to choose as per HSE Information Sheet) checks every registered Training Provider to ensure that they will always meet the standards that Employers need to satisfy their Legal Requirements for First Aid provision as required by the Health & Safety Executive (HSE).

BOOK YOUR PLACE TODAY

Visit www.centaurtraining.co.uk to book your place on this course, call us on 01772 433080 or email info@centaurtraining.co.uk for more information.

Centaur Training Services, Suites D,E & F, Direct House, Unit 38-39,
Centurion Industrial Estate, Farrington, Leyland, Lancashire PR25 4GU

Phone: 01772 433080 Mobile: 07779 030353

Email: info@centaurtraining.co.uk Visit: www.centaurtraining.co.uk

Centaur
Training
Services

