



## TRAINING COURSES

# Parents First Aid Awareness

Our Parents First Aid Awareness course allows trainees to easily overcome any difficulties which may arise with the health of young children. With the range of training courses available from Centaur Training Services, you can easily get the training you need.

## Programme Outline

Our parent awareness will help you to prepare for medical situations involving your children and show you the best way to treat them. You will learn how to respond to both minor and life-threatening injuries, including if your child chokes, suffers a head injury or burns themselves. We also offer an opportunity at the end of the session for parents to enquire about medical conditions which may be appropriate to them and their family such as asthma, anaphylaxis and epilepsy.

## Aims

To give parents a better understand of medical situations that could occur and the best way to treat children in these situations.

## Objectives

Following the successful completion of our parent's awareness sessions, you will be able to:

- Assess medical situations quickly and safely
- Deliver essential first aid to young children including CPR and recovery position.
- Appropriately treat conditions and injuries such as burns, breaks, scalds, choking and head injuries.



## Who is the programme for?

Our first aid training is essential for every parent, no matter how old your child is. The skills that you learn on this course could help to save your child's life, which is why every parent should take the time to complete the first aid class.

## BOOK YOUR PLACE TODAY

Visit [www.centaurtraining.co.uk](http://www.centaurtraining.co.uk) to book your place on this course, call us on 01772 433080 or email [info@centaurtraining.co.uk](mailto:info@centaurtraining.co.uk) for more information.