

## TRAINING COURSES

# Level 2 Emergency First Aid at Work

Every workplace needs a designated first aider and our Emergency First Aid at Work training course gives you the qualification you require. From administering first aid to completing accident report forms and reports, this course gives the training you need.

## Programme Outline

This qualification is ideal for those already working, or preparing to work within industry wishing to become a First Aider in the workplace for the purposes of the Health and Safety (First Aid) Regulations 1981 and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982. Topics within this qualification are regarded by the Health & Safety Executive (HSE) as being important in maintaining good practice in the safe, prompt and effective treatment of injuries and ill health in the workplace.

## Aims

To provide Emergency First Aiders with the knowledge & skills to summon help & give safe, prompt & effective emergency first aid to a casualty in the workplace following an injury or illness using materials to hand and/or HSE approved first aid equipment.

## Objectives

Upon completion of training, all successful students will be able to:

- Explain their understanding of the role of the first aider, including reference to the use of available equipment and the need for recording incidents and actions in line with employers policy and procedures
- Explain the importance of basic hygiene in first aid procedures
- Demonstrate how to assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- Demonstrate how to administer first aid safely, promptly and effectively to a casualty who is unconscious and/or in a seizure
- Demonstrate how to administer cardiopulmonary resuscitation (CPR) promptly and effectively on an adult casualty
- Demonstrate how to administer first aid safely, promptly and effectively to a casualty who is wounded or bleeding and or/in shock
- Demonstrate how to administer first aid safely, promptly and effectively to a casualty who is choking
- Demonstrate how to administer and provide safe, prompt and effective first aid treatment for a casualty who is suffering from minor injuries in the workplace



## Who is the programme for?

The Level 2 Emergency First Aid at Work may be more suitable for lower-risk work environments, such as offices and shops and/or organisations with fewer than 100 employees. For regulatory purposes, successfully completing the Level 2 Award in Emergency First Aid at Work will enable the candidate to act as a first aider in the workplace.

This programme is accredited by First Aid Industry Body or Quallsafe Awards.

Quallsafe Awards has been accredited by the regulators\* of England, Wales and Northern Ireland and is part of the Qualifications and Credit Framework (QCF). \*The regulators are Ofqual in England, DCELLS in Wales and CCEA in Northern Ireland.

The First Aid Industry Body (FAIB), a Trade Body (an acceptable option for Employers to choose as per HSE Information Sheet) checks every registered Training Provider to ensure that they will always meet the standards that Employers need to satisfy their Legal Requirements for First Aid provision as required by the Health & Safety Executive (HSE).

## BOOK YOUR PLACE TODAY

Visit [www.centaurtraining.co.uk](http://www.centaurtraining.co.uk) to book your place on this course, call us on 01772 433080 or email [info@centaurtraining.co.uk](mailto:info@centaurtraining.co.uk) for more information.

